

Ferris State University
RQT Moving' & Groovin' Summer Camp FAQ's

1. What does my child need to bring and wear to camp?

- Refillable water bottle
- Any other drinks your child may want during the day
- Sunscreen will be provided, however if your child has specific sunscreen needs please send it with your child
- Tennis shoes or gym shoes without black outsole every day
- For swimming/water party day: swimsuit, sandals, dry clothes, bag for wet clothes, and a towel (campers and parents will be notified a day in advance)
- Athletic wear
- Cell phones, ipods, or other electronics are not to be used during camp time
- Snacks for morning and afternoon breaks
- If dropping in, please provide lunch for your child
- Optional: money for Pro Shop, which sells clothing, snacks, beverages, sandwiches, etc.

2. What is the camp schedule?

Monday—Thursday from 8am-5pm

Friday from 8am-12pm

3. When can I drop off and pick up my child? What if I can't pick up on time?

	Drop-off	Pick-up
Monday-Thursday	7:45-8:00am	5:00-5:15pm*
Friday	7:45-8:00am	12:00-12:15pm*

*There will be an additional fee of \$5 per child for every five minutes beginning at 5:15pm Monday-Thursday and 12:15pm Friday.

If there is a need to drop off or pick up outside of the regular schedule, please contact the Front Desk at (231) 591-2212 to make arrangements.

4. Can my child do one day of camp to try it out?

Yes, you can pay the drop-in fee (\$45/kid/day) at the door.

Parent/guardian will need to complete/submit all camp forms at that time.

Due to the lunch order being placed in advance, we are unable to provide lunch for drop-ins. Please provide a lunch for your child when dropping in.

5. After dropping in one day, can I register my child for the remainder of the week?

Yes, we can prorate the price for you.

6. Since the age range is 7-17 years old, how will you divide the different age groups for activities?

Based on the physical aspect of the activity we will divide groups based on age and ability.

7. Could you describe a “typical day” of camp?

Each camp day is unique, but there is a good deal of regularity to the daily program. From check in until lunch will be primarily physical activities with water and snack breaks mixed in. At lunchtime, an age appropriate movie will be shown. After lunch, we will have an arts & crafts activity. The rest of the day will be filled with various physical activities intermixed with water and snack breaks.

The campers will be divided into teams at the start of the week. Throughout the week they will play games and earn points for their team. The winning team will be announced during the ceremony on Friday. A drop-in camper will be assigned to a team and play for this team on the drop-in day.

Each day there will be two different “talk times” that focus on building self-esteem, strengthening interpersonal skills, learning leadership skills, and developing healthy living habits that will benefit their future. The camp staff will also emphasize these areas throughout the daily activities.

8. How do you control food allergies?

You will select your child’s lunch order in advance. The food ingredients are listed on the lunch order form. Please read it through before completing the form.

There are two snack breaks and one lunch time each day. Please provide

snacks for your own child. Campers will not be allowed to share food with each other. We ask that you talk to your child about not sharing food with other campers to ensure everyone's safety.

Health forms are reviewed by our camp staff so we are alert to the campers who have food or environment allergies.

If there are specific allergies beyond what we can accommodate through the lunch choices, please supply a lunch for your child. There will be a refrigerator available to keep the lunch fresh.

9. What if I forget to bring snacks for my child one day?

Campers can choose between an apple or banana during the breaks. Also, our Pro Shop is stocked with snacks, beverages, and sandwiches.

10. What forms do I need to complete and turn in to register my child?

- RQT Health Form
- RQT Minor Waiver
- Concussion Waiver
- Late Fee Form
- Lunch Order Form

11. Who should I contact if I have questions about the camp?

Camp Director—Amy Nestle

(231) 591-2218, jingnestle@ferris.edu

Assistant Director—Ali Molnar

(231) 591-2217, alimolnar@ferris.edu

Assistant Director—Lee Cornelius

(231) 591-2214, leecornelius@ferris.edu